



## Newsletter Winter/Spring 2009

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## About CMDE

Founded in 1962, the Center for Modern Dance Education is a non-profit organization dedicated to the mission to promote modern dance and preserve its legacy, to make it available to everyone, to nurture talent and instill confidence through quality teaching, and to serve as a resource for the professional dance community. The Center's principles of dance training include small classes, highly qualified faculty, emphasis on the individual, and frequent chances to perform. We believe that a dancer lives within every human being, and seek to help every student develop that dancing self.

CMDE is dedicated to bringing the joy of dance to everyone, including individuals with disabilities, youth at-risk, older adults, and people from financially limited circumstances. At our studio, both serious students and those who dance for fun, fitness, and relaxation can find exactly what they need.



CMDE is located in a wheelchair-accessible facility. Patrons needing special accommodations for any program should call 201-342-2989 ( NJTTY for hearing-impaired: 800 952-7897) or email: cmde1962@aol.com

**Board of Trustees:** *President*, Ruth Bauer Neustadter; *Vice President*, Cynthia P. Low; *Treasurer*, Diane Bairamian; *Secretary*, Mary Lane **Trustees:** Karen Blumenthal, Antonia Diaz, Audrey Goodman, Isabelle Pradel, Carolyn Smith  
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**CMDE's programs** are made possible in part by funds from the New Jersey State Council on the Arts/Department of State, a Partner Agency of the National Endowment for the Arts, and by funds from the National Endowment for the Arts; Bergen County Department of Human Services; Geraldine R. Dodge Foundation; Lillian Pitkin Schenck Fund; numerous individual contributors; and matching donations from Merck, McGraw-Hill Companies, New York Times Company Foundation, Pfizer, Samuel H. Kress Foundation, and Tisch



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Nurturing the Dancer Within Since 1962

Try out a class  
for FREE!

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## Cameo Concert On March 28th At Fair Lawn Community Theater

Cameo Concerts are special smaller performance opportunities for CMDE students, staff, and guest artists that offer them an opportunity to present original choreography. The 2009 concert will be held March 28th at 5:00 pm at the Fair Lawn Community Theater, located at 10-10 20th Street in Fair Lawn.

This year's performances will include "Epiphany", a new piece by CMDE staff member Roger Turner, which is inspired by and created for the strong women in Roger's life. "Epiphany" will be performed by CMDE staff members Lateefah Fleming and Silinea Lucius, CMDE student McKenzie Dawkins, and guest dancer Lee Meriam Priestly. This year's recipient of CMDE's Eva Bauer Scholarship, 19-year-old dancer Brandon Clifton, will perform his stunning solo "It Ends Tonight". Also on the program will be CMDE staff members Juan Carlos Gonzales Varela and Sarah Savoye; the World Fusion Dance Experience Raqs La Majali under the direction of Lateefah Fleming; the Real Men Dance Ensemble; the CMDE Junior Repertory Company, directed by Karen Francesca Silvano; and the CMDE Repertory Company, directed by Janelle Smith-Reed. Frances Herdman, a former CMDE teacher and the founder of CMDE's Moving Experience Dance Company, will be a Special Guest Artist.

CMDE students are invited to audition work for the show, but participation is selective and only well developed work will be included. Auditions will be held during the last week in February. A sign up sheet is posted on the bulletin board in the hall.

### Closing Dates

**January 19, Monday,**  
Martin Luther King Day

**February 16, Monday,**  
Presidents Day

**Easter Weekend**  
**April 10 — April 12**  
Friday — Sunday

**Memorial Day Weekend**  
**May 23 — May 25**  
Saturday — Monday

Information about unplanned closures due to inclement weather or other emergency will be on the office answering machine.

As always, students are invited to try any first class free-of-charge.

### Attention Everyone with your own website!

Visit the CMDE website (www.cmde.org) and put a CMDE link "button" on your site.

## Annual CMDE Danceathon To Be Held Sunday, June 7th At New Location

CMDE'S Annual Danceathon is a fun, inclusive "un-recital" in which all students participate. It is also the nonprofit Center's biggest fundraiser of the year.

The 2009 Danceathon will take place on June 7th at the Fairlawn Community Theater. Tickets for the Danceathon are \$15 in advance and \$18 at the door. There will be three performances held during the day (schedules will be available soon).

To help raise money for the Center's programs, students are encouraged to send letters to friends and relatives asking to be sponsored in the Danceathon. The donations will help with our operating expenses and enable us to continue our many scholarships and subsidized programs for children at-risk, people with disabilities, and those who require work-study arrangements. Because CMDE is a nonprofit organization, all donations are tax-deductible. Students will receive more information about Danceathon letters in the Spring.

## CMDE Partnership with Gilda's Club Brings Dance To Families Living With Cancer

Gilda's Club Northern New Jersey is dedicated to providing a place where men, women, and children with cancer, together with their families and friends, can join with others to build social and emotional support as a supplement to medical care. This year, CMDE is partnering with Gilda's Club to bring dance classes and special dance events to their facility in Hackensack. The classes provide fun, stress relief, and a chance for friends and family to do something creative together and forget about cancer for a little while. CMDE is offering a variety of modern dance, Hip-Hop, and multi-cultural dance programming for all ages. For more information on Gilda's Club visit [www.gildasclubnnj.org](http://www.gildasclubnnj.org)

The 2008-2009 partnership with Gilda's Club is made possible in part by New Jersey State Council on the Arts/Department of State, a Partner Agency of the National Endowment for the Arts and by funds from the National Endowment for the Arts; and by support from the Geraldine R. Dodge Foundation, which supports and encourages those educational, cultural, social and environmental values that contribute to making our society more humane and our world more livable.

**Happy New Year! January Is Open House Month!**  
**Try any number of classes once for free before registering.**  
 (Classes Resume Saturday, January 3rd)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	9:30-10:30 am Dance Exercise Adults T.B.A.		10:00-11:30 am Elder Dance Age 60+ 1/2 price tuition	9:30- 10:45 am Yogadance With Odella Call 201 560- 7872	<b>Studio 1 (Upstairs)</b> 10:00-11:30am Modern Dance Adult T.B.A.	<b>Studio 2 (Downstairs)</b> 10:15-11:15am Modern Dance Ages 5-8 Silinea
	4:30-5:30 Ballet Kids Ages 7-11 Silinea				11:30am-1:00pm Modern Dance Intermediate Ages 9-16 Silinea	11:45am - 12:30pm Modern Dance Ages 3-5 Sarah S.
	5:30-6:30 Ballet 10-Adult Silinea		4:30-6:00 CMDE Junior Repertory Co. Ages 7-13 By Audition Karen		1:00-2:00 Modern Dance Kids w/ disabilities Ages 9-16 Juan Carlos	1:00-2:00 Musical Theater Ages 8-17 Sarah S.
	6:30-7:00 Beyond Basics (Students Stay By Audition)				2:00-3:30 Dance Inventions Age 7-17 FREE with any other class Linda Mensch	5:00-6:00 Real Men Dance FREE Men & Boys Only Rodger
4:30-5:30 Yoga Teen-Adult T.B.A.	5:45-6:45 Hip-Hop Kids Ages 8-12 Roger (Downstairs)	6:00-8:00 CMDE Repertory Company Teens By Audition Janelle	6:00-7:30 Modern Dance Intermediate- Advanced Teens-Adults Karen	7:30-10:00 Shared Space	3:30-4:30 Family Latin Class FREE (call for info) Juan Carlos	
5:45-6:30 Modern Dance Ages 3-6 Silinea (Downstairs)	7:00-8:00 Hip-Hop Teens-Adults Roger		7:30-8:45 Moving Experience Dance Company Teen-Adults with Disabilities Sarah W.		7:00 "Play With A Play" For more info: 201-489-3308 www.bozandbard.com	
6:30-7:30 Jazz Teens-Adult Lateefah	8:00-8:30 Beyond Basics (Students Stay By Audition)	8:00-9:30 Modern Adults T.B.A.				
7:30-9:00 Middle Eastern Teen-Adult Lateefah	8:30-9:30 Afro-Modern Teen-Adult Roger					
	Tuesday Evening Social Dance Call Lisa: 201-694-7087					
<p>Teachers are available for private or group lessons by special arrangement. Private lessons in Social Dance (Ballroom, Latin, etc.) are available by appointment. If you're interested in taking a class that does not appear on the schedule, find four other paying students and we will help find a teacher to start your new class.</p> <ul style="list-style-type: none"> <li>• All classes are co-ed, inclusive, and mixed-level, unless otherwise noted.</li> <li>• CMDE Repertory and Junior Repertory Company are by audition.</li> <li>• Call 201-342-2989 for more information.</li> </ul>						

**Registration & Fees:**

- Tuition for one class February 2nd to June 6th is \$290 for one class per week; \$275 if paid in full by the first class. Two classes per week are \$525; \$500 if paid in full by the first class. Unlimited classes per week are \$700; \$650 if paid in full by first class.
- 10% discount for family members and senior citizens.
- Adults only may pay by the class: \$17 per class (\$15 for seniors), plus a one-time registration fee of \$35.
- There is ongoing registration in most classes; fees will be pro-rated.
- Work-study arrangements are available — inquire in office.
- You may try out a variety of classes before registering for the new term, which begins on Monday February 2nd.

**Moving Experience  
Dance Company Spring  
Concert on Saturday,  
May 2nd**

CMDE's Moving Experience Dance Company will present their annual Spring Concert on Saturday, May 2nd, at 5:00 pm at CMDE. The Moving Experience Dance Company is made up of teens and young adults who have disabilities, and directed by Sarah Wertheimer. Performers are Cara Barbi, John Basili, Sean Gregorzek, Chris Hayer, Tracy Hayes, Serafina Pedone, and Chesne Valentine. There is a requested donation of \$5.00.

**Free Summer Dance &  
Multi-Arts Programs  
For Boys, Girls, Teens**

CMDE is pleased to announce the 2009 series of its free summer programs: "Summer Stars for Girls" and "Summer Stars for Boys", which are multi-arts day camps for children 9-13 years old, and the "Summer Moves" co-ed intensive dance program for teens. The programs will meet as follows. Please be advised that participants must commit to attending a complete program session.

- Summer Stars for Girls: Monday-Friday July 26-August 7, 10:30 am-2:30 pm,
- Summer Stars for Boys: Monday-Friday August 10-25, 10:30 am-2:30 pm
- Summer Moves for Teens (co-ed) July 26 - August 21 Monday-Thursday, 5:00-7:00 pm

The Summer programs are made possible with special funding from the Bergen County Department of Human Services, and are open to students whose situation qualifies them. Call Elissa at 201-342-2989 for eligibility information. Eligible students will be accepted on a first-come, first-served basis.



**Two Basic Ball Room  
Dance Classes To Be  
Offered At CMDE By  
Lisa Skates**

Have you been watching "Dancing with the Stars" and wishing you could move like that with the love of your life? Lisa Skates will demystify partner dancing with the introduction of two Social Dance Classes offered on Tuesday nights beginning January 6, 2009 for six-week sessions.

The **Basic Latin Class**, 7:00-8:00 pm, will get you confidently dancing a basic Rumba, Samba/Cumbia, Cha Cha, Salsa/Mambo, and Merengue.

The **Basic Ballroom Survival Course**, 8:00-9:00 pm, is for anyone who thinks they have two left feet. This course covers the fundamentals of social dancing, and by the end you will enjoy weddings and parties more and be able to get out on the dance floor with ease.

Anyone interested in either course should call Lisa Skates at 201-678-2826. The cost of one six-week session is \$72. Enroll in both classes for \$120. Each class must have a minimum of 4 registered students to run.

**New Class —  
"Dance Inventions"  
Free Choreography/Performance  
Workshop for Students Age 7-18  
January 17— April 18, 2009  
Saturday, 2:00-3:30**

Guest Choreographer and CMDE Alumna Linda Mensch will be leading "Dance Inventions" a class that you will only find at CMDE. Linda will use creative exercises, improvisation, and other tools to guide students through the process of creating original choreography and structuring a dance. The class will help dancers, including those who have never choreographed before, to explore different ways to express ideas and communicate through movement. Students will perform their work on April 18th. Come try the first Dance Inventions class on January 17 at 2:00 pm! The class will be free to students already registered in another CMDE class. Call for more information.

**Free Family Classes**

The CMDE studio has been warm and sizzling with Latin rhythm and vibrant African beats. Wondering what to do with the kids? Look no further! CMDE is the best place to warm up your bodies and hearts through the cold winter months. Forget sitting and watching your kids have all of the fun jump in and join them! Make the best use of your time — the kids exercise, you exercise, and everyone gets to spend some time together.

The **Family Latin Dance Class** is taught by Juan Carlos. He promised a "party every weekend" — and he delivers! Latin Class meets Saturdays, 3:30-4:30 pm. Yah'Ya Kamate, Co-Director of the Seventh Principle Performance Company, teaches the **Family African Dance Class** with strength, joy and charm. Learn traditional African dance with a modern sensibility. This class also features live drumming. The African class meets Sundays from 4:00-5:00 pm. Enjoy an invigorating workout in one or both classes as well as having fun exploring relationships and communication through movement. Both classes are free-of-charge to adults and children between the ages of 10 and 17 years, but at least one adult and one child must come to class together as a family, however you define it.

There is no better investment you can make for your family than to have fun and be healthy together!

This program is made possible by the Bergen County Department of Human Services.

**Multi-Cultural Festival To  
Feature CMDE Dancers  
Richard Rodda Community Center,  
April 19, Sunday, 12:00-4:00**

CMDE will present the Afro-modern troupe Seventh Principle Performance Company, the World Fusion Dance Experience Raqs La Majali, and dancer Juan Carlos Gonzales Varela, at a Free Multi-Cultural Family Festival on Sunday April 19, 2009, at the Richard Rodda Community Center in Teaneck, NJ. The festival will feature storytellers, face painters, clowns, singing, crafts and other engaging activities for young children.