



Newsletter Fall 2005

Center for Modern Dance Education, Inc.
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About CMDE

Founded in 1962 by Shirley & Earl Ubell, the Center for Modern Dance Education (CMDE) is a non-profit community arts organization, whose mission is to promote modern dance in partnership with the community and make it available to everyone; to nurture talent and instill confidence through quality teaching, and to serve as a resource for the professional dance community.

The Center's principles of dance training include small classes, highly qualified faculty, emphasis on the individual, and frequent chances to perform. We believe that a dancer lives within every human being, and seek to help every student develop that dancing self. CMDE is

dedicated to bringing the joy of dance to everyone, including individuals with disabilities, youth at-risk, older adults, and people from economically disadvantaged circumstances. In our classes, both serious students and those who dance for fun, fitness and relaxation can find exactly what they need.

CMDE is located in a wheelchair-accessible building, and does not discriminate on the basis of ability. Printed materials are available in electronic and large-print formats upon request. If you or a family member require special accommodations of any kind, please contact us at 201-342-2989 (NJ TTY 800-952-7897), or e-mail cmde1962@aol.com.

Board of Trustees: Cynthia P. Low, President; Diane Bairamian, Treasurer; Karen A. Blumenthal, Antonia Diaz, Audrey Goodman, Isabel Praedel, Carolyn J. Smith, Javier Rabello (on leave 2005)

Advisory Board: Mary Anthony, Jaqueline Arkin, Joanne Koob-Brown, Dian Dong, Merriam Lobel, Stanley Machlin, Claire Porter, Susan Thomason, Earl Ubell

Founder: Shirley Ubell **Artistic Director:** Elisa Machlin-Lockwood **Arts Administrator:** Bonnie Hyslop **Development Coordinator:** Janice Rollo **Marketing & PR Associate:** Roger Turner

Teaching Artists: Lateefah Fleming, Silinea Lucius, Elissa Machlin-Lockwood, Genaro Martinez, Sarah Savoye, Karen Franchesca Silvano, Janelle Smith-Reed, Roger Turner, Sarah Wertheimer

CMDE's programs are made possible in part by funds from the National Endowment for the Arts, which believes that a great nation deserves great art; the New Jersey State Council on the Arts/Department of State, a Partner Agency of the National Endowment for the Arts; Bergen County Department of Human Services; The Dana Foundation; Geraldine R. Dodge Foundation; Puffin Foundation; Lillian Pitkin Schenk Fund; Women's Club of Hackensack; numerous individual contributors; and matching donations from Merck, McGraw-Hill Companies, New York Times Company Foundation, Pfizer, and Tisch.



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Fall 2005 Classes Begin September 10th

CMDE's Fall 2005 semester will begin with an Open House Week from September 10-16. During Open House, students may try out as many classes as they wish at no charge. Call 201-342-2989 for more information on classes, or to reserve a spot in desired classes.

REAL MEN DANCE Audition Classes on September 14th & 18th

If you're a guy who likes to dance, but uncomfortable with the average dance class, CMDE's 2005 Real Men Dance performance project is for you! No dance experience, tights, or slippers are needed - just comfortable clothes and a good attitude! Audition classes will be held on Wednesday, September 14th, 7:30-9:00 pm, and Sunday, September 18th, 5:00-6:30pm. The auditions are open to males age 10 and up (younger if accompanied throughout the project by a male adult). Participants will need to commit to weekly rehearsals (Wednesday 7:30-9:00pm and Sunday 5:00-6:30pm), and to the performance this winter at Park Performing Arts Center in Union City.

Funded by grants from the Geraldine R. Dodge Foundation and the Puffin Foundation, Real Men Dance will seek to highlight the presence of men and boys in dance, and to explore - and overcome! - the stereotypes about males and dance. Led by CMDE instructor and early-career

choreographer Roger Turner, this project will give guys a chance to work together on a dance piece designed to be for, by, and about them!



Closing Dates

Tuesday
October 4
Rosh Hosanna

Thursday
October 13
Yom Kipper

Wednesday -
Sunday
November 23-27
Thanksgiving

Wednesday -
Sunday
December 21-
January 1
Winter Recess

Unplanned closures due to inclement weather or other emergency will be announced via telephone.

September Auditions For 2005-2006 Scholarships

CMDE will be holding auditions at the studio for the coming year's scholarship awards, as follows:

Cliff Allen Scholarship For Teens: Established by Brenda Tobias in memory of her dear friend. Tuesday, September 13, 7:30pm.

Eva Bauer Scholarship For Gifted & Talented Teens: Established by Ruth Bauer Neustadter in honor of her mother's 75th birthday. Wednesday, September 14, 5:30pm.

Bruce Baker Scholarship For Boys Ages 6-12: Established by Bruce Baker's parents in honor of their son, a Presbyterian minister who studied and performed at CMDE for 10 years. Wednesday, September 14, 4:30pm.

Maya Kala Memorial Scholarship For Girls Ages 7-13: Established by Shirley Ubell in memory of her first dance teacher. Tuesday, September 13, 4:30 pm.

Morris Leitman Scholarship For Adults: Established by Shirley Ubell in memory of her father. Tuesday, September 13, 6:30pm

Registration Procedure and Tuition

Tuition for one class for a full year, September-June, is \$540 if paid in full by September 10th, or \$560 after September 10th. Unlimited classes for a full year are \$1,300. Single class rate (for adults only) is \$17 per class, plus registration fee of \$30 per year.

There is a 10% discount for second classes, siblings, and senior citizens. Saturday Workshop is free to students enrolled in another class. Work-study options are available for those with financial need.

Full payment must be completed by December 18, 2005, after which a \$5 late fee will be charged per billing.

Send in registration form (available by calling 201-342-2989), with a check made out to Center for Modern Dance Education, to CMDE, 84 Euclid Avenue, Hackensack, NJ 07601.

Fall Class Schedule

- All classes are co-ed and inclusive, unless otherwise designated.
- Regular classes are often appropriate for students with disabilities, or one of the special classes may be a better fit, depending on the individual. Call **201-342-2989** if you have any questions.
- Saturday Workshop is FREE to students enrolled in any other CMDE class.
- Repertory Companies are by audition.

Children & Teens

3-5 years	Creative Modern Dance	Saturday, 11:15am-12:00pm
5-7 years	Modern Dance	Saturday, 10:00-11:00am
6-12 years	Boys Dance	Wednesday, 4:30-5:30pm
6-10 years	Yoga Kids	Monday, 4:00-5:00pm
6-16 years	Saturday Workshop	Saturday, 2:30-4:00pm
7-11 years	Modern Dance	Saturday, 12:15-1:15pm
7-13 years	Junior Company	Tuesday, 4:30-6:00pm (audition 9/13)
7-12 years	Musical Theatre	Saturday, 4:00-5:00pm
8-12 years	Modern Dance	Saturday, 11:45am-1:00pm
8-13 years	Choreography	Saturday, 1:15-2:15pm
8-13 years	Hip-Hop	Friday, 4:30-5:30 pm
8-18 years	Ballet Basics	Thursday, 6:30-7:30pm
10 & up	African Dance	Monday, 5:30-6:30pm
10 & up	Jazz	Monday, 6:30-7:30pm
10 & up	Afro-Modern Dance	Tuesday, 5:30-6:30pm
10 & up	Stomp	Friday, 5:30-6:30pm
Teens	Repertory Company	Wednesday, 5:30-7:00pm (audition 9/14)
12-18 years	Musical Theatre	Saturday, 5:00-6:00pm
Teens	Modern Workshop	Saturday, 1:00-2:30pm

Teens & Adults

Middle Eastern Dance	Monday, 7:30-9:00pm
Intermediate Modern Dance	Tuesday, 6:00-7:30pm
Hip-Hop	Friday, 6:30-7:30pm
Afro-Modern Dance	Tuesday, 5:30-6:30pm
Ballet	Thursday, 7:30-9:00pm
Improvisation & Choreography	Tuesday, 7:30-8:30pm
Modern Dance, Mixed Level	Wednesday 7:30-8:45pm
Creative Dance Exercise	Saturday, 4:00-5:00pm
Modern Dance, Mixed Level	Saturday, 10:00-11:30am
Dance Exercise	Tuesday, 9:30-10:30am
Teen Modern Dance Workshop	Saturday, 1:00-2:30pm
Real Men Dance Project	Wednesday, 7:30-9:00pm
	Sunday, 5:00-6:30pm

Special Classes for People With Disabilities

Children's Creative Dance	Thursday, 5:00-6:00pm
Adult Modern Dance	Thursday 6:00pm-7:00pm
Moving Experience Dance Company for Teens & Adults	Thursday 7:30pm-8:30pm

A Testimony: Growing Up and Growing with CMDE

By **Isabelle Pradel**,
Current member of CMDE Board of Trustees

I was born in 1962 and so was CMDE...our paths crossed 34 years later when I was looking for a dance school for my then 4 year old daughter. That year, preparations were on the way for the 35th anniversary gala. Hard to believe it is almost time to prepare for the 45th...

As I look back and reflect on this past decade, my mind plays like a movie. As I fast forward through my child's growing years, I hit the pause button every time the memories center around the Studio. It was the only school in the area willing to accommodate our particular schedule.

My daughter was five when she played in "Mary Poppins", which was her first Saturday Workshop and solo performance. There must have been at least a dozen Saturday Workshops since Mary Poppins but the highlight was maybe her first shot at choreographing one. What a self-confidence building experience that was!

At seven, my daughter joined the Junior Repertory Company, which added Tuesdays to our CMDE schedule! It was a time of first thrills from occasional shows outside the Studio and it was then that she became aware of dance as a performing art. Now thirteen, she began rehearsing with the CMDE Repertory Company and is entering her second year this fall.

To the school's credit, my daughter has continued this journey year after year with a very consistent roster of students. If I rewind a bit, sure enough, I see not one dancer growing up but several of them. My movie must be familiar to many parents.

I don't know what the future holds but I am certain that dancing will always be part of who she is. It might become her secret garden or just an outlet to unwind and relax. I was also touched by CMDE, becoming a student in the adult class back in 1996. Despite, or maybe in spite of, hectic schedules and "grown-up" responsibilities, I've managed to stick to class! I find it has become a form of therapy, a "me" time where I can express myself through movement and reach into my creative and artistic mind. Try out a class this fall and feel the magic of modern dance...Let's continue to grow together.

Staff Notes

This Summer, **CMDE** said good-bye to **Frances Herdman** and **Connie Youngman**, both of whom have moved to other states after 15 years with us. Although we were sad to see them go, we are delighted to welcome several new staff members:

Lateefah Fleming will be teaching Jazz and Middle Eastern Dance. Ms. Fleming began her dance training as a child at La Rocque Bey Dance Company, an African Dance Troupe in Harlem, and went on to the Millennium Dance Company, where she trained in jazz, liturgical, and Graham technique. She has also trained in a variety of Middle Eastern Dance techniques, including Raqs Sharqi, Nubian, Gafiwazee and Beledi. She is a graduate of City College of New York.

Genaro Martinez will be teaching ballet. Mr. Martinez is a graduate of Montclair State University. He has performed at the Kennedy Dance Center in Washington, DC, and currently dances with the *Seventh Principle*.

Silinea Lucius will be teaching modern dance. Ms. Lucius has studied at the Broadway Dance Center in New York, and attended the British American Drama Academy in Oxford, England. She is a graduate of Howard University.

Sarah Wertheimer will be co-teaching modern dance for teens and adults with disabilities. Ms. Wertheimer began her dance training as a child at CMDE, and for many years has assisted Frances Herdman in teaching CMDE's classes for people with disabilities. She has taught dance at Solomon Schecter Day School, Maywood Dance Center, and Lily Pond Country Day School, and is a graduate of Hofstra University.

Saturday Workshop to Hold *Aladdin* Auditions

The first Saturday Workshop of the 2005-2006 year will hold auditions on **Saturday, September 17, at 2:30 pm.**

Saturday Workshop is a unique performance program offered free to CMDE students ages 6-16 who are enrolled in any class, in which children and teens choreograph for each other.

The current choreographers, Lucie Fernandez and Erica Hernandez, both 13 years old, have chosen to present the story of *Aladdin*. They will audition fellow students, after which they will assign parts, create most of the choreography, and rehearse their cast every Saturday. Everyone who tries out will receive a part, and any participant who wishes may also choreograph his or her own one-minute solo for inclusion in the production. *Aladdin* will be performed on Saturday, November 5th, at 3:30 pm and 5:00 pm. Admission is \$7 for adults, \$5 for children and seniors.



Dates To Remember

Saturday, September 10, 2:30-4:00pm: Staff & Board of Trustees Joint Meeting

Sunday, October 9: Open House,

Sunday, October 9, 2:00 pm: Free African dance class with Seventh Principle African-modern company

Sunday, October 9, 3:00pm: Seventh Principle Open Rehearsal

Sunday, October 23, 1:00-5:00pm: World Rhythm Family Dance Day, Ringwood Manor, Ringwood, NJ. Classes and demonstrations from around the world.

Wednesday, October 19, 6:00-8:00pm: Showing and critique of works-in-progress: Real Men Dance, CMDE Repertory Company, CMDE Junior Repertory Company, Choreography Class, and other groups to be announced.

Sunday, November 20, 3:00pm (tentative): Annual Open Door Concert at Park Performing Arts Center, Union City, NJ.



CMDE Teaching Artist Fran Herdman received a Proclamation of Appreciation from Hackensack Mayor Jack Zisa in recognition of fifteen years of service. Fran taught Middle Eastern Dance and classes for adults with disabilities. She directed the "Moving Experience Dance Company" and the "Mirage" Middle Eastern dance company, before moving out of state this year.

Free Professional Development Workshops

Through a generous grant from The Dana Foundation, CMDE is presenting a series of free professional development workshops for teaching artists and other professionals who work with the arts and public school students held at 84 Euclid Avenue, Hackensack.

Monday, October 10th (Columbus Day), 10am-3:00pm

Working With Children With Autism Spectrum Disorders

Friday, November 4th (NJ Teacher Conventions), 10am-3:00pm

Creative Teaching Skills for Teens & Adolescents

CMDE is a registered New Jersey Department of Education Professional Development Provider.